

Club Fiesta: Release 07



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Routines:

Club Fiesta Release 07

[iTunes Playlist Link](#)

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[Release Collection Link](#)

No.	Routine	YouTube Song Link	Video Link Password = BOOTY
1.	Warm up	DJ Didir - Get Crazy in the Club	No example video (use supplied choreography steps)
2.	Fun Afro	Moshe Buskila - Wine Up (Ron Margan Trumpet Edit)	Release 7 fun afro
3.	Hip hop	Vedo - Semi Gun	Release 7 Hiphop
4.	Dancehall Fun	Sean Kingston Feat. Nicky Minaj - Dutty Love (Buskilaz Official Remix)	Release 7 Dancehall
5.	Hip Hop Latin	Sak Noel, Lil Jon - Demasiado Loca ft. El Chevo, Aarpa	Release 7 Latin hiphop
6.	reggaeton	Charly black & Daddy Yankee - Gyal you a party animal	Release 7 reggaeton
7.	Latin	Anuel AA, Daddy Yankee, Karol G, Ozuna & J Balvin - China	Release 7 Latin
8.	Boxing hip hop	Trey Songz - Say Ah	Release 7 boxing hip hop
9.	Arms	RIVAZ & BOTTEGHI - Que Se Sepa (Yo Naci Con Mi) (Batucada)	No example video (use supplied choreography steps)
10.	Legs	Finesse - Booty Music (feat.Shawnleo)	Release 7 legs
11.	Floor	Mabel - Mad Love	Release 7 floor
12.	Stretch	Demarco - Standing Soldier	No example video (use supplied choreography steps)

Choreography

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No.	Routine	Steps
1.	Warm up	1.Step touch low with arms 2.Jabs forward then high Jabs 3.Grapevines + taps + leg curls 4.Star jumps or Steps side to side ,runs plus start jumps
2.	Fun Afro	1.F walks with hammer arms + sexy hips 2.Flick up and down L+R , then 4 x belly dance hips 3.Sprints 4. 1 x high knee jump + 1 x Low tap L + R
3.	Hip Hop	1.Low squats L+R 2.3 x jabs + Body roll , then 3 x Jabs + Twerk 3.4 x low waves + walks side to side 4. 2 x Low knee drops+ Hip thrusts
4.	Dancehall Fun	1.1 x Low head wave to one side then drop opposite knee x 3, repeat other side 2.SSD Afro legs with big arms 3.4 x waves + 2 side steps 4.Bumpy ride (Jabs + high knee lifts + hip waves + twerks)

Choreography continued

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No.	Routine	Steps
5.	Hiphop Latin	1.Belly dance waves 2.Side elbow + wave with afro knees 3.shimmy + push back 4.SSD front taps 5.(chorus) 4 knee drops + sexy hip dips x 4
6.	Reggaeton	1.SSD side steps + 4 high knees + hip rolls 2.Hips moving to middle + Afro claps 3. SSD Reggaeton steps 4.SSD Low taps
7.	Latin	1.SSD front taps, then hips to front +twerk L+R 2.Low waves + 2 side reggaeton steps L+R 3. 2 x side jumps with Up and side arms + walk back 4.Joanna drops + twerk back
8.	Boxing Hip Hop	1.SSD Knees 2. 4 x Side Jabs + F Ball change 3.Floor Snaps 4.SSD Knees+ Walk F and Hop back
9.	Arms	1.Waves Side to Side 2.Wall slams small then high 3.Fast wall slams then Big arm rotations 4.Salad chopping arms 5.Front arms floor slams (face palms down)

Choreography continued

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No.	Routine	Steps
10.	Legs Options	1.Low knees + twerk 2.2 x Low squats + 2 low lunges 3.SSD runs on floor with hands on floor Instead of runs on the floor, SSD knee lifts or squats
11.	Floor	1.Basic crunches 2.Climb the rope 3.Bend Leg extensions 4.Legs up in the air with crunches 5.Straight leg extensions 6.Crunch + reach both arms
12.	Stretch	1.Big breaths 2.Side stretches 3.Deep squats 4.Hamstring stretches 5.Lower back stretches