

Club Fiesta: Release 26



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Routines:

Club Fiesta Release 26

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No.	Routine	YouTube Song Link	Video Link Password = BRAVE
1	Warm up	Joel Corry x RAYE x David Guetta - BED	No example video (use supplied choreography steps)
2	Warm up 2	DJ Flex ~ Eggplant Afrobeat (Feat. AStar & EDouble)	Warm up 2
3	Plyo	Freak - Steve Aoki, Diplo, & Deorro (ft. Steve Bays)	Release 26 Plyo
4	Latin	Daddy Yankee - EL PONY	Release 26 Latin
5	Pop	Shenseea - Blessed Ft. Tyga	Release 26 pop
6	Dance battle	Mambo By Steve Aoki, Willy William, Sean Paul, El Alfa, Sfera Ebbasta	Release 26 dance battle
7	Fun dance	Ava Max - My Head & My Heart	Release 26 Fun dance
8	Arms	ATB x Topic x A7S - Your Love (9PM)	Release 26 arms
9	Legs	Charly Black, Juan Magan - You're Perfect (Remix)	Release 26 legs
10	Stretch	Justin Bieber - Peaches ft. Daniel Caesar, Giveon	No example video

Choreography:

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No.	Routine	Steps
2	Warm up2	<ol style="list-style-type: none">1.Double afro stamp2.Walk F and B x 4 , then repeat other side3.Knee drops then twerk4.Side steps chest pumps x 3 then knee lift, repeat other side
3	Plyo	<ol style="list-style-type: none">1.Walk F then B2.L arm punch F then up x 4, then repeat with R arm3.Sprints out then In4.1 burpee then floor star jumps (standing options squat out and in)5.SSD scissors with hip flick6.SSD mountain climbers

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No.	Routine	Steps
4	Latin Cardio	1.L Pony arms x 3 , then switch other side 2. Side step + chest pumps x 2 , then Beyonce bounce 3.Reggaeton step then wave arm , stepping back with pulling arms 4. Steps to side and sliding arms up and down x 4, then face forward and punch L + R arm forward forward, then back back, repeat on other side. 5.SSD stomps at the end of the track.
5	Pop	1.2 travelling body rolls L+R 2. “Blessed Arm combo” (Flex then extend arms to side x 4 then arms to side then arms touching head) 3.double steps forward then wave arm stepping back 4.SSD front taps 5.Front afro steps 6.Knee drops then twerk
6	Dance battle	1.Dance battle combo: (waving arms + hip circles + shoulder shimmy+ little hops) 2.Elbow+wave L+R then 4 x knees up 3.One step with clap + hip shakes L +R 4.4 x hip waves L+R
7	Fun dance	1.Slow walks F with side taps, then sexy walks back 2.Salsa L+R 3.Head and heart combo : (L Side step with L arm reach+ touch head, then R side step with R arm reach then touch heart , narrow feet alternating touching head going down) 4.3 x L side leg taps then clap in middle, repeat with 3 x R side leg taps then clap 5.4 x shoulder shrugs then round the world arms

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No.	Routine	Steps
8	Arms	<ol style="list-style-type: none">1.Side arm rotations slow and fast2.Side push reach then push up , repeat with other arm3.Double pushes up then double pushes to side, then reduce to 1 up push then 1 side push
9	Legs	<ol style="list-style-type: none">1.L leg front step, side step, back step then together combo x 4, then repeat other leg2.Big Afro claps x 4 on left, then repeat other side3.Big front wave then wind hips x 44. 2 x Wide low squats, then 2 x narrow low squats, then 2 wide low squats then drop knee knee.