

Club Fiesta - Release 43



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Choreography:

Club Fiesta Release 43

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Password = **LIVE**

No.	Routine	Steps	
1	Warm Up	I'm Good (Blue) – David Guetta & Bebe Rexha	
		1	Step touches
		2	Side to side steps with arm reaches
		3	Grapevines
		4	Big arm waves with side steps
		5	Side big arm stretches L+R
		6	Wide squat with shoulder drops
		6	Punches Forward then Up
2	Warm Up2	Mujer del Perro Infidel (Lo Que No Tengo de Lindo) – DJ Bryanflow	
		1	Stomp L leg moving it towards side, then side pumps x7 then switch other side
		2	Low taps L+R moving back, then wide quick walk forward with arms touching body up
		3	Super low stomps L leg, then travel it around the world, switch with other leg
3	Plyo	Space Jam (feat.Fatman Scoop)- MAKJ & Michael Sparks	
		1	Side steps then side jumps
		2	Low side to side jumps then sprints with claps
		3	Low jump squat back and forward (option walking squat back and forward)
		4	Wide sprints with arms up then side
		5	Scissor runs x 8 then 4 jumping jacks (option: Mountain climbers then 4 leg splits – Low option is Lunges then side steps)
6	Low squats		

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No.	Routine	Steps	
4	Latin	El Tiki - Maluma	
		Song/Artist	
		1	Side salsa then forward salsa
		2	2 x side push steps x 4, then reach side to side L+R then pump body with arms moving down
		3	4 x hip flicks to side, then back walks with hip pumps
		4	SSD front stomps
5	SSD knee lifts		
5	Boxing	SEND IT! (Timmy Trumpet Remix)- Hooligan Hefs	
		Song/Artist	
		1	L arm Jab F then Up x 4, switch sides
		2	4 x side jabs then ball change to other side, repeat on other side
		3	Combo: 4 x front jabs, 4 uppercuts, 4 hooks then leg jumps in and out
		4	SSD speed ball
5	Low squats slow then quick		
6	Fun	You're the one that I want – John Travolta & Olivia Newton -John	
		Song/Artist	
		1	2 x side steps then slide
		2	Sprints
		3	Travelling front foot taps then side steps with claps
		4	4 x front kicks, then side steps with claps
5	Touch leg then 2 arm pumps		

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No.	Routine	Steps		
7	K-Pop	How You like that - BLACKPINK		Song/Artist
		1	Slide then hip swings	
		2	Walks forward arms up then down, then 2 hips L+R, repeat walking back	
		3	Bumpa clap back with chest pumps, then whips moving forward	
		4	SSD shoulder shrugs x 3 then piano fingers in a circle	
		5	SSD side steps with swing arms	
		6	SSD side steps + jumps with pumping arms	
		7	Chest pumps moving forward, then winding hips jumping back	
8	Afro	N'y Pense Plus - Tayc		Song/Artist
		1	Side salsa	
		2	4 x L leg Low floor hand touches then 4 x serving arms with L knee drops	
		3	2 Side push steps L+R then forward leg taps L+R	
		4	Walks forward with hand forward shakes then side chest pumps, repeat walking back	
9	Arms	Ferrari – James Hype & Miggy Dela Rosa		Song/Artist
		1	Arm pumps Up then chest presses	
		2	Chest presses	
		3	Chest press then forearm pump down	
		4	Arm 90 degree back wall slams	
		5	Semi-circle arm rotations	

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No.	Routine	Steps		
10	Legs	Bad (Afrojack remix) Feat Pitbull DJ Buddha edit) – Michael Jackson		Song/Artist
		1	4 Low Squat pulses + heel lift	
		2	Light heel lifts SSD	
		3	Knee drops + hip thrusts x 2 Then stay with hip thrusts	
		4	Low squats	
		5	Low squat with heel lifts	
		6	Squats with 1 heel lift x 4 left then right	
		7	Wide hip thrusts then narrow hip thrusts	
11	Floor	Would you ever - Skrillex		Song/Artist
		1	Basic crunches	
		2	1 crunch 1 reach	
		3	Rope grabs	
		4	L leg lifts x 8 then repeat other leg	
		5	Slow Hip bridges	
		6	Hold hip bridge then leg extensions, then single hip bridges with holding leg straight	